

Services for 60+ Older Adults

Kosher* Home Delivered Meals

- Daily meals for people who cannot prepare their own in Albany, Schenectady, Rensselaer, and Saratoga Counties**
meals@jfsneny.org | 518-516-1107

Private Transportation with Project 5

- Rides for adults to appointments and errands throughout the Capital Region (restrictions apply)
project5@jfsneny.org | 518-516-1107

Aging In Place – Albany NNORC

*(Neighborhood Naturally Occurring Retirement Community***)*

- Help adults maintain independence with case management, medical advocacy, social and wellness programs, and information and assistance
nnorc@jfsneny.org | 518-516-1114

Senior Resource Network

- Aging-related resources and referrals
- Home safety modification suggestions and support
srn@jfsneny.org | 518-516-1119



Holocaust Survivor Assistance

- Access to funding and social supports
survivors@jfsneny.org | 518-516-1115

Occupational Therapy for Life Enrichment

- Adapted activities to engage homebound individuals
ot@jfsneny.org | 518-516-1108



Chaplaincy Services

- Jewish pastoral care for residents in long-term care and private settings
- Community education and individual support
chaplain@jfsneny.org | 518-516-5116

Services for All Ages

Counseling & Support Groups

- In-person or telehealth
- Major insurance plans accepted, including Medicare

counseling@jfsneny.org |
518-516-1102



Outreach & Support

- Assessment and care management, healthcare and paperwork navigation

help@jfsneny.org | 518-261-9179

Grocery Shopping & Delivery

- Volunteer-based, food and essentials shopping for those who cannot travel to the store

shop@jfsneny.org | 518-516-1107

Volunteer with Us

We are always looking to add to our corps of volunteers to help respond to the needs in our community. Please contact us to learn more!

volunteer@jfsneny.org | 518-722-4980

We rely on the generosity of our community to continue to be here for you. Thank you for your support!

518-482-8856 | info@jfsneny.org | jfsneny.org
184 Washington Ave. Extension, Albany, NY 12203



**Jewish
Family
Services**

Northeastern New York

Partner Agency of
Jewish Federation
OF NORTHEASTERN NEW YORK



* Vaad Hakashruth of the Capital District supervised

** Supported in part by Schenectady & Albany Cty. Departments of Aging

*** NNORC is a three square mile area in Albany around St. Peter's. NNORC is supported by funding from the New York State Office for the Aging (NYSOFA). Its contents are solely the responsibility of the grantee and do not necessarily represent the official view of NYSOFA.